Info Sheet – "Act As If"

What final result are you trying to achieve?

In the mid-1950s, a flamboyant, but un­known, American pianist had dreams of perform­ing in the Hollywood Bowl. He gathered some money, rented the Hollywood Bowl on an off night, showed up wearing a tuxedo and played a full concert on a grand piano to absolutely no audience at all.

Except that the hall was empty, he lived his dream. Then he kept building on that dream until, four years later to the very night, Liberace per­formed at the Hollywood Bowl before a capacity, standing-room-only crowd.

Several years prior, it was Harry Emerson Fosdick who voiced a new thought about self­-trans­formation. He said, "Hold a picture of yourself long and steadily enough in your mind's eye and you will be drawn toward it. Picture your­self vividly as de­feated and that alone will make victory impossible. Picture yourself vividly as win­ning and that alone will contribute immeas­urably to success. Great liv­ing starts with a pic­ture, held in your imagination of what you would like to do or be."

Liberace had one major goal at first -- the Hollywood Bowl. He held that picture in his mind, and then acted as if he had already achieved it, and it came to pass. These are two necessary steps to achieving any result, regardless how big or small: hold a picture of the dream in your mind and act as if it were already so.

And, don't be surprised if the results are remark­able!